



Pressing On



Questions for discussion with *Life Groups*, family, friends, or for personal reflection.

- Sunday Review:** Reflecting on this week’s message from the Word...
 - What challenged you the most?
 - Was there anything that surprised you, or that you had never heard before?
 - Was there anything that you still do not understand?
 - (as a group you can discuss these points and try to answer any remaining questions.)
- Have you invested in someone like a Timothy? Share your story. Are you regularly keeping meaningful contact with those who have looked up to you as their spiritual mentor? What will you do this week to strengthen your impact in someone’s life?
- When others observe our lives, can they come to the same conclusion as Paul did about Timothy? (v3—5) If not, why not?
- What impact do parents and homes have on the spiritual nurture of children? (cf. v 5) What can parents do to have positive impact on their children’s lives? How can the church help?
- What does verse 7 tell us we receive from the Holy Spirit? Does that list surprise you? Why? How could verse 7 strengthen Timothy (or you) for ministry?
- Do you think Christians today are ashamed of Jesus, God’s people, or the gospel? (cf. v 8) Should they be? What can we do to overcome that shame?
- What coaching advice have ever received that can be applied to your spiritual life?
- What is the most effective thing you can do this week to be more fully committed to living for God? Will you do it?



Web: www.eefc.ca
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“Team Talk”



LIFE GROUPS: CHRIST CENTERED COMMUNITIES OF CONNECTING, LEARNING, SERVING

TUNING IN: (approx. 15 min) Each Life Group gathering we want to set our hearts and minds on Christ and His active presence and leadership in our midst. This week tune in to His presence by trying the following idea:

- Spend some time in “popcorn” prayer, calling out various names and characteristics of God.
- (tip: mentally go through the ABC’s and think of a corresponding name e.g. “God You are...awesome, the beginning and the end, etc.
- Designate someone to close, acknowledging Christ’s presence with us and that we would hear His voice throughout our time together.
- Talk about it: How did this prayer exercise work for your group? How did it feel?

CONNECTING: (approx. 20 min.) Each Life Group gathering we want to create intentional space to get to know one another better. This week:

- Give each other a snapshot of your summers. Share both a “highlight” and a “lowlight”.

LEARNING: (approx. 45 min.) Each Life Group gathering is an environment for us to be impacted and transformed by God’s Word.

- Read: 2 Timothy 1:1-12.
- Discuss question 1, sharing your thoughts from the passage or from the Sunday sermon.
- You may want to select only 3 or 4 other questions to discuss.
- Listen: spend a few quiet moments asking God to speak to you about any changes in thought, attitude or action that you need to make.
- NEXT STEPS: any change or transformation requires action from you and encouragement from others. Share your “next step” with the group and allow them to check in on you.

SERVING: (approx. 10 min.) Each Life Group gathering we want to remind ourselves that it’s not all about us and our group, but that we are part of a bigger “us” and a bigger picture. This week:

- Share about any new people you’ve met this summer either at church or in the community.
- How might you be a blessing to them?

SENDING OUT: (approx. 15 min.) After each Life Group gathering you are headed back into the world to impact those around you for Christ.

- Spend time blessing and equipping one another by praying for each others physical and spiritual needs and requests.

